

Cleveland Family Dental Center

Pain Management Recommendation

We highly recommend that you alternate OTC (Over-The-Counter) Ibuprofen with your prescribed pain medication. The suggested regimen is as follows:

- Take prescribed pain medication as directed.
- Wait 3 hours, then take 600mg Ibuprofen.
- Wait 3 hours, then take prescribed medication as directed.
- Wait 3 hours, then take 600 mg Ibuprofen.
- Repeat as necessary.

If you feel you no longer need the prescribed pain medication for pain relief, we still recommend that you continue to take 600mg Ibuprofen every 6 hours for the next several days (at least for the first 48 hours after your extraction).